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How you can help: Like us on Facebook! Donate to the program of your choice.



"I love when parents – especially those for whom English is a second language – ask if they can sit on the mat with their kids, so they can hear the story and see the words."
 -- Debbie F.



I love when kids who've left the mat for their appointment come rushing back to proudly show me the book they have been given by their doctor. It doesn't get better than that.
 -- Debbie F.

Waiting time is never wasted time! Debbie is one of about 70 trained Reach Out and Read volunteers who read to children in the pediatric clinic. The children learn to love books and embrace reading, while their parents, most of whom grew up without books, subtly get the hang of reading aloud to their children.

2013 ANNUAL REPORT

THE MISSION of Children of Bellevue

is to **Initiate, Develop & Fund** life-changing programs and **INNOVATIVE** pediatric programs and to **ACT AS AN ADVOCATE** for children and their families within Bellevue Hospital Center.

Because Children Need More Than Medicine To Thrive.



A MESSAGE FROM MARC



This Annual Report is for you because it is your support that makes Children of Bellevue's programs possible. Every story you read, every statistic we share, every picture that brings a smile to your face is because generous people like you believe, as we do, that children need more than medicine to thrive.

Children represent the largest group of Americans living in poverty. Forty-five percent of children live in low-income families. Their parents want the very best for their children, they just need a little help from us to give it to them. **THANK YOU for volunteering your time and for dedicating your financial resources to help more than 25,000 children and their families at Bellevue Hospital Center each year.**

Because of you, lives are changing, children are succeeding and the cycle of poverty in our communities is slowly, but surely, being broken. We are doing it together and we are so grateful to have you as a partner.

Marc

Marc E. Bothwell
 President



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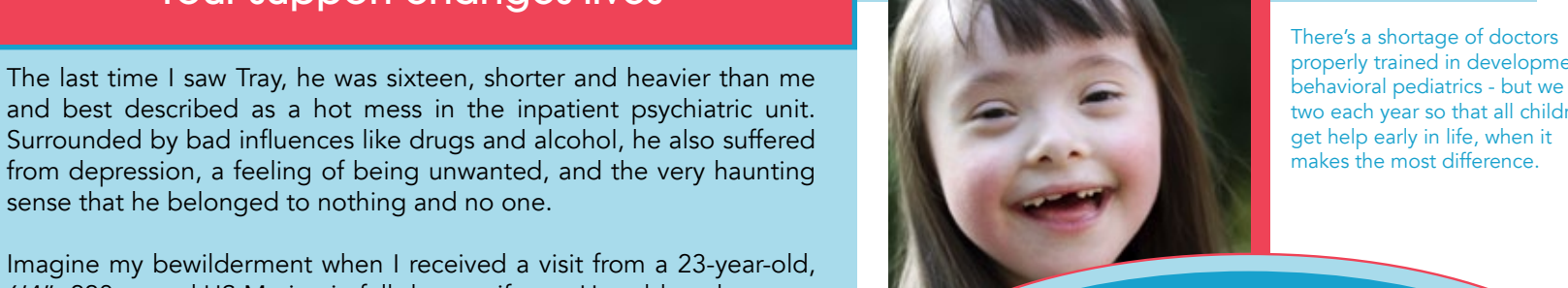
YOUR SUPPORT BRIGHTENS FUTURES

1 in 68 children is born with an autism spectrum disorder

6-year old John had both autism spectrum disorder and intellectual disability. His mother was afraid of his aggressive behavior and feared for her safety every time he lost self-control.

Over the course of 6 months, we guided them through behavioral management strategies, changing his school accommodations, starting medication, and then behavioral strategies for overeating that was a side effect of the medication. At his last visit, he was able to wait in the noisy waiting room for his turn (a difficult task for a child with sensory sensitivity), his weight was improved, and his behavior was immensely improved. His mother was happy to report how "fine" her son had been, and was grateful for our help.

Victoria, Developmental Pediatrician -- Developmental/Behavioral Outpatient Clinic



Almost one third of our psychiatric inpatients screen positive for post-traumatic stress disorder. Being a teenager shouldn't hurt.

There's a shortage of doctors properly trained in developmental/behavioral pediatrics - but we train two each year so that all children get help early in life, when it makes the most difference.

Your support changes lives

The last time I saw Tray, he was sixteen, shorter and heavier than me and best described as a hot mess in the inpatient psychiatric unit. Surrounded by bad influences like drugs and alcohol, he also suffered from depression, a feeling of being unwanted, and the very haunting sense that he belonged to nothing and no one.

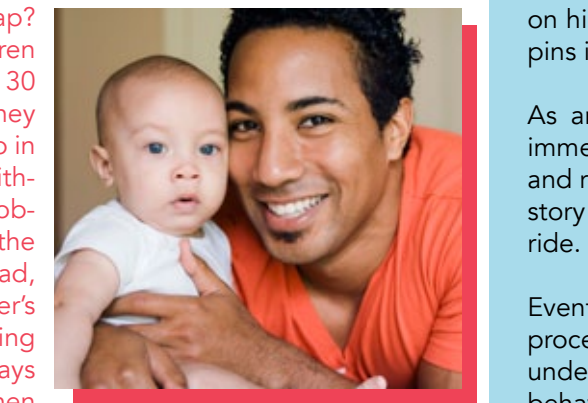
Imagine my bewilderment when I received a visit from a 23-year-old, 6'4", 220 pound US Marine in full dress uniform. He told me he came back to visit because this is where life turned around for him. He says his uniform is a passport to the world and everywhere he goes people thank him, they want to hug him; people that might never have looked at him at all if he wasn't a Marine.

Today he works as a trainer at Quantico helping to shape up other young men to serve their country.

Alan, Assistant Director, Activities Therapy Child and Adolescent Psychiatry Inpatient Unit

Your support empowers parents

What is the 30 million word gap? Researchers found that children growing up in poverty hear 30 million fewer words by the time they are four than children growing up in higher income households. "Without the VIP program, I would probably just put my baby in front of the TV," Leticia openly admits. Instead, she knows that her daughter's brain will do most of its developing before she turns five, so she plays with and reads to her baby. "When my friends come over with their babies they ask me, 'Why do you talk to her like she can understand you?' And I explain to them that it's important to talk to and bond with your baby. They see the way she looks in my eyes when I talk to her, and I feel like a good mother."



Your support helps families in times of crisis

Five-year old Carlos came into the ER screaming from pain and fear. He was injured climbing out of a moving kiddie roller coaster ride and incurred numerous breaks to his femur bone and lost most of the skin on his front left thigh. He underwent many surgeries, a skin graft and pins in his leg.

As an art therapist, I gave him some markers and paper and he immediately started to draw his trauma. Every day, he would draw and re-draw a picture of his accident, and I would ask him to tell me a story of the picture. "It was a dangerous day," he said. "It was a scary ride. It was not safe."

Eventually, he started asking questions about his care and began to process his trauma and all of the medical treatments he was undergoing. As his leg healed, so did his emotions; and his normal behavior returned. He started to play with toys and games and laugh and have fun. It was important for his mother to see her child just be a kid again.

Natalie, Child Life Art Therapist Child Life and Developmental Services

With your support, we provide care for **9,000** child and adolescent psychiatry outpatient visits, **over 4,000** Day Hospital visits and **over 600** inpatient admissions

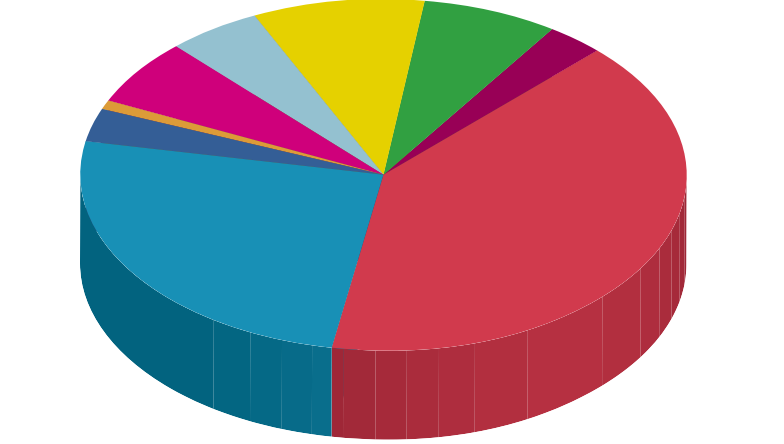
Operating Support

Unrestricted and Restricted Support	\$804,242
Special Events (Net)	\$489,030
Interest & Dividends; Gains on Investment	\$160,069
Total Income	\$1,443,341

Operating Expenses

Child and Adolescent Psychiatry	\$70,413
Child Life and Development	\$340,537
Child Protection and Development	\$238,958
Reach Out and Read	\$48,315
Social Work / Camp	\$8,810
Video Interaction Project	\$103,982
Developmental/Behavioral Pediatrics	\$78,375
Fundraising	\$157,823
Administration	\$126,445
Total Expenses	1,173,658

Increase in Net Assets	\$268,683
Net Assets, Beginning of Year	\$1,543,137
Net Assets, End of Year	\$1,811,820



- Child and Adolescent Psychiatry
- Child Life and Development
- Child Protection and Development
- Social Work / Camp
- Video Interaction Project
- Developmental/Behavioral Pediatrics
- Fundraising
- Administration

Children of Bellevue, Inc. carefully manages every donation to its fullest to support the innovative programs and services that change lives. In 2013, 78 % of funds spent were used for program support. This report is based on unaudited financial data. Final audited financial information for 2013 will be posted to our website in December of 2014. www.childrenofbellevue.org

By 4th grade, nearly half of all low-income children read below grade level. Your support purchased **12,000 new books** for children under the age of 5



In one year, **67 Reach Out and Read volunteers** read for a total of **2,000 hours** to approximately 16,000 children

Children are suffering from a hidden epidemic of child abuse and neglect. The United States has one of the worst records among industrialized nations – losing on average between four and seven children every day to child abuse and neglect.

- With your support, our Frances L. Loeb Center for Child Protection and Development:
- Provides 60 child abuse victims per month with information and referrals to other services
 - Provides Criminal Justice Support and Advocacy for children 90 times per month
 - Accompanies an average of 9 child abuse victims per month to forensic rape exams