

2015 ANNUAL REPORT

Children
of
Bellevue



SEE HOW WE USE YOUR SUPPORT TO
CHANGE LIVES

Because Children Need More Than Medicine To Thrive.

A MESSAGE FROM CHERYL AND JUDY

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Please enjoy our 2015 Annual Report. As you read each success story and reflect on each photo, know that because of generous people like you, we are able to give each child at Bellevue Hospital more than medicine to thrive. From providing a birthday party to a child who has never had one, to giving a baby her first book, Children of Bellevue continues to relieve the fear and anxiety associated with hospitalization and provide developmental support services to both children and their families.

THANK YOU for continuing to believe in our mission and our ability to fulfill it effectively. Rest assured your support enables us to help families provide the very best for their children. 90% of our patients receive insurance from state funded programs and have very limited resources. With your help, we were able to level the playing field for over 25,000 children and their families in 2015 and put them on the path to success.

Because of you, lives are being saved, children and their parents are becoming empowered and families are being strengthened. We are so grateful to have you as our partner.

Cheryl Reich
Co-Chair

Judith A. Keating
Co-Chair

THE MISSION of Children of Bellevue is to
Initiate, Develop & Fund life-changing programs
and **INNOVATIVE** pediatric programs and to
ACT AS AN ADVOCATE for children and their families within Bellevue Hospital Center.

2015 FINANCIALS

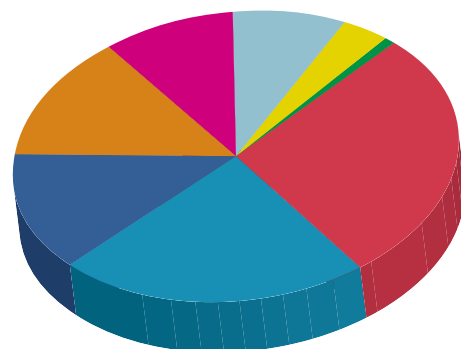
Operating Support

Unrestricted and Restricted Support	\$1,013,273
Special Events (Net)	\$520,926
Interest & Dividends; Losses on Investments	(\$24,906)
Total Income	\$1,509,293

Operating Expenses

Camp/Layette	\$10,049
Child and Adolescent Psychiatry	\$167,825
Child Life and Development	\$392,164
Child Protection and Development	\$223,535
Reach Out and Read	\$60,860
Video Interaction Project	\$472,888
Administration	\$138,889
Fundraising	\$235,479
Total Expenses	\$1,701,689

Decrease in Net Assets	(\$192,396)
Net Assets, Beginning of Year	\$1,754,720
Net Assets, End of Year	\$1,562,324



■	Video Interaction Project
■	Child Life and Development
■	Fundraising
■	Child Protection and Development
■	Child and Adolescent Psychiatry
■	Administration
■	Reach Out and Read
■	Camp/Layette

Children of Bellevue, Inc. carefully manages every donation to its fullest to support the innovative programs and services that change lives.



Reach Out and Read

On a very busy day in the Pediatric Clinic at Bellevue Hospital, seven year old "Jennifer" was sitting with a Reach Out and Read volunteer on the reading mat. When the volunteer finished her reading session, Jennifer began her own. She pulled a blanket from her small backpack and put it on the floor. She asked the children around her, "who wants to read?" Without hesitation a few of them joined her. She pulled a book from her backpack and read to her peers. Someone came running to my office and said, "You have to see what's happening outside."

It was truly inspiring to see Jennifer feeling so empowered. This is especially significant because Jennifer had recently been diagnosed with learning disabilities that affected her self-esteem and school performance. I asked her mother about what had helped Jennifer feel different about her ability to read. She said "Jennifer loves coming to the hospital. She's seen the readers since she was little and would always imitate them. She also loves receiving books from her doctor. As a mother, I'm very grateful that my daughter is receiving this special attention."

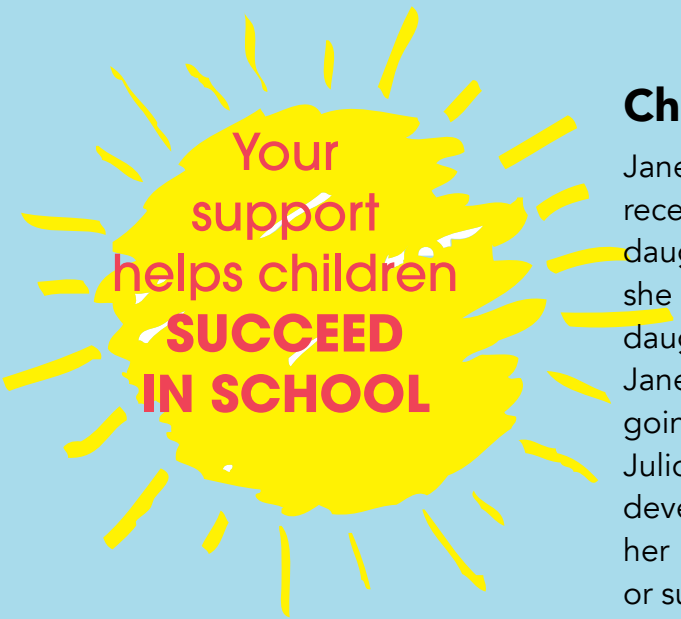
Claudia - *Director*



Video Interaction Project (VIP)

When Danielle and two-year old Melissa started attend VIP together it became immediately apparent that Melissa was extremely shy. She refused to speak at the session and wouldn't actively play. Instead she pushed her mother's hand toward the toy she wanted. Danielle did a beautiful job responding to Melissa's cues and using her imagination. At their last session, several months later, it was lovely to see Melissa's progress. At the end of the session when I asked Danielle what she liked about the video, she said that she loves watching her daughter and seeing her change from being so shy that she wouldn't play to engaging and speaking with her and having fun!

Jenny - Senior Parent-Child Specialist



Child Life and Development

Jane, a mother of a long ago Early Learning Group patient recently came to the dental clinic with her now 18 year old daughter. As she passed the playroom on the way to the dentist, she saw Heidi, the Child Life Specialist who helped her with her daughter so many years ago. Remembering Heidi's support, Jane told Heidi about her 3 year old son, Julio. Jane had been going to another hospital ever since Super Storm Sandy. Julio's doctor there referred him to a program to receive developmentally appropriate treatment. Therapists came to her home a few times, but did not seem to be helpful or supportive of her needs as Julio's mom. Since her son would be receiving his dental care at Bellevue, Julio was invited

to the Early Learning Group, where he could be observed in play and Jane could speak about her concerns. Immediately it was recognized that Julio would benefit from CPSE (Committee for Preschool Special Education), a NYC-funded program that provides therapy to children, ages 3-5 with developmental delays. Jane was able to express her frustrations and concerns in a safe environment with both Child Life staff and other staff. Heidi began the work of making a referral to CPSE, as well as helping Jane fill out the necessary paperwork. Jane and Julio have been attending the Early Learning Group consistently. Jane's 18 year old daughter has been coming as well. She recently graduated from high school and both she and the mom fondly remember their time in the group many years ago.

Susan - Assistant Director

Child and Adolescent Psychiatry

When Tom first came into care at Bellevue, he was a 16 year-old boy admitted to the inpatient unit for disorganized behavior and thought to be psychotic. Tom had been in special education for several years, and his family described him as a “nice and polite boy” who had not been in mental health treatment until the month prior to his admission. Tom was notably asocial and had many repetitive behaviors and fixed interests, all of which were consistent with a diagnosis of autism spectrum disorder. He improved substantially with the appropriate medication and did well in the unit.



When he returned to Bellevue, his family was dealing with the death of his mother and his grandmother was now his primary caregiver. Over the next few months, Tom had three hospitalizations and several emergency room visits. His case was not simple; he was irritable at times and frequently destructive of property, although he was never violent to others. After the second discharge, the team worried Tom’s grandmother would no longer be able to care for him and he’d have to go to a residential placement.

In this case, I am proud to say that we were wrong. Because of the dedicated care by the multidisciplinary team and fastidious aftercare planning, Tom has been able to stay in his home. Tom’s success was truly a team effort and speaks to one of our unit’s strengths: our ability work together on difficult cases through effective communication and collaboration. Our psychologist and the nursing staff developed and implemented an individualized behavior plan for Tom on the unit that we were able to share with and teach his grandmother. Tom was prescribed medication to address his underlying anxiety. Our social worker was adept at securing Tom the outpatient services he needed and we referred the patient’s grandmother to our colleague at Mobilization for Youth to help the family obtain services through the Department of Education.

Tom turned 18 and continues to live at home with his grandmother. He attends school and is thriving. We still frequently hear from Tom’s grandmother, as she likes to update us on his continued progress. I recall how happy she was on Mother’s Day when Tom wrote her a card thanking her for everything she does for him. With tears in her eyes, she said, “he’s back to the old Tom.”

Dr. R - Unit Chief



**Your
Support
CHANGES
FAMILIES
LIVES**



The Frances Loeb Child Protection and Development Center

Sara is a 7 year old from South America living in poverty with her mother, a woman with several emotional and behavioral challenges. Sara's extended family were concerned she was being neglected and possibly abused and brought her to the Child Protection and Development Center (CPDC) at Bellevue Hospital for an abuse evaluation.

Through a comprehensive assessment from the CPDC's multidisciplinary team it was determined that Sara was neglected and had been witness to traumatic events. She had several developmental delays and very poor verbal skills. She was impulsive and hyperactive, functioning at the developmental level of a 3-year old. In addition, she had several unaddressed medical needs. Over several months, the Center's team collaborated with several Bellevue pediatric services to help address Sara's medical, emotional and behavioral needs. Support was also given to her family to help them obtain educational and legal services for Sara, integrate her into their family, and help her adapt to her new environment.

Since then Sara has made several developmental gains and her behavior is improved. She is enrolled in school and is now speaking two languages fluently. She also successfully completed several medical treatments and is physically healthy. Her family is working hard to provide Sara with a safe and healthy home environment and develop a strong family bond.

Dr. D - *Staff Psychologist*

Children of Bellevue, Inc. receives funding from diversified sources. We carefully use these funds to improve the lives of the at-risk, economically disadvantaged children in our communities. We continuously work to keep our overhead and administrative costs to a minimum. Children of Bellevue thanks the following individuals, foundations, corporations and organizations for their generous outright gifts or grants of cash, securities or property of \$250 or more in 2015.

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